

THE CANNINGTON TARGET

CHILD OF CANNINGTON 2021 AWARD



**Ann Webber receiving her award from Revd. Alison Waters
(see page 9 for more details)**

**The Village Magazine FREE to each household
in CANNINGTON
Issue No. 135 FEBRUARY 2022**

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<p><u>MEMBER OF PARLIAMENT</u> Ian Liddell-Grainger – 01278 458383 ianliddellgrainger@hotmail.co.uk</p>	<p><u>ST.MARY'S CHURCH,</u> Revd. Alison Waters—Tel: 01278 652 953 The Rectory, 27 Brook Street, Cannington, TA5 2HP cannington.benefice@gmail.com</p> <p><u>UNITED REFORMED CHURCH</u> Revd. Chris Baillie 2HF – 01278 447 153 49 High Street, Cannington, TA5 2HF chris@westcan.co.uk</p>
<p><u>SOMERSET COUNTY COUNCIL</u> – 0300 123 2224 County Hall, The Crescent, Taunton, TA1 4DY generalenquiries@somerset.gov.uk</p>	<p><u>EDUCATION</u> <u>Cannington C of E Primary School</u> – 652 368 Brook Street, Cannington, TA5 2HP office@cannington.somerset.sch.uk</p> <p><u>Cannington Pre-school</u> – 01278 652 720 canningtonpreschool1@yahoo.co.uk</p> <p><u>Brymore Academy</u> – 01278 652 369 Brymore Way, High Street, Cannington, TA5 2NB office@brymore.somerset.sch.uk</p>
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<p><u>DISTRICT COUNCILLORS</u> Ian Dyer – 653 442 – dyerfarm@aol.com Brian Bolt – bbolty@hotmail.com</p>	<p><u>CANNINGTON IN BLOOM</u> Steve Pettit (Chair) pett508418@aol.com</p>
<p><u>PARISH COUNCILLORS</u> Colin Allen – (Chair) 07799 451 577 colinallen43@gmail.com Mike Phillips – (Vice-Chair) – 0774 697 3419 withiel@btinternet.com Tina Gardener (Clerk to Council) 01278 653 322 Aly Prowse (Deputy Clerk) Cannington Parish Council, Community Office, Village Hall, Brook Street, TA5 2HP Canningtonparishcouncil@cannington.org.uk www.cannington.org.uk opening hours: Mon & Thurs. 10.00am–12.00 noon</p>	<p><u>CANNINGTON FLOWER SHOW</u> Claire Ridgment – 01278 651 089 ridgmentc@yahoo.co.uk</p>
<p><u>ENVIRONMENTAL SERVICES</u> – 0300 303 7806 environmentalservices@sedgemoor.gov.uk</p>	<p><u>WWT STEART MARSHES</u> – 01278 651 090 Info.steart@wwt.org.uk</p>
<p><u>ANTISOCIAL BEHAVIOUR</u> – 0300 303 7800</p>	<p>If you suspect a vehicle has been fly-parked in the village, please contact the Hinkley Point C Enquiries team on 0333 009 7070</p>
<p><u>CITIZENS ADVICE SEDGEMOOR</u> – 03444 889 623 Clarence House, High Street, Bridgwater, TA6 3BH advice@citizensadvicesedgemoor.org.uk</p>	<p>For more information, please visit Cannington's website, where there is a large directory of all of Cannington's businesses and activities: www.cannington.org.uk</p>
<p><u>WASTE AND RECYCLING</u> – 01278 444 877 Saltlands Recycling Centre, Chilton Trinity, TA6 3JS</p>	
<p><u>Although I have tried to be as accurate as possible, can you contact me if you see an error or if you think there is another number that would be useful.</u></p> <p style="text-align: right;">(Shaun, Editor)</p>	



We're into the second month of 2022 and have things got any better? I certainly hope that by now we are over the worst of the latest variant, Omicron. Covid-19 will always be with us, but if we continue taking care of ourselves and of others, then we can live a somewhat "normal" life.

Sadly, the pantomime has had to be cancelled again but we anticipate a showstopper next year. However, there are some activities that have returned - Duck race, Easter Egg hunt, messy Church and Village Quizzes to name a few. Several new events are also taking place including 2 shows by @2K theatre group performing Blackadder in the village hall; details of all these events, and others, can be found in the Target, advertised on Facebook and posters, so keep your eyes open to see the details.

Talking of advertisers, it is heartening to see several new adverts in the Target; their support means we can continue to produce this quality magazine so, hopefully, the community will take advantage of their services.

Recycle More is a scheme to encourage us to recycle more (the clue is in the title!) and we should soon be receiving our new blue recycling bag to help this project and details can be found on page 16.

Recently a session was held in the village hall demonstrating how to use a defibrillator and page 23 shows how simple it is to administer help in the case of a cardiac arrest. I think more sessions are planned..

Finally, some excellent news - the Cannington Target can now be found on the Parish Council website. You can get there by entering Cannington.org.uk on your search engine and then click on the link which is in the top right hand corner.

Happy Easter to all our readers, advertisers and the faithful team who deliver the Target in all weathers. (Shaun, Editor)



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found on the Internet**

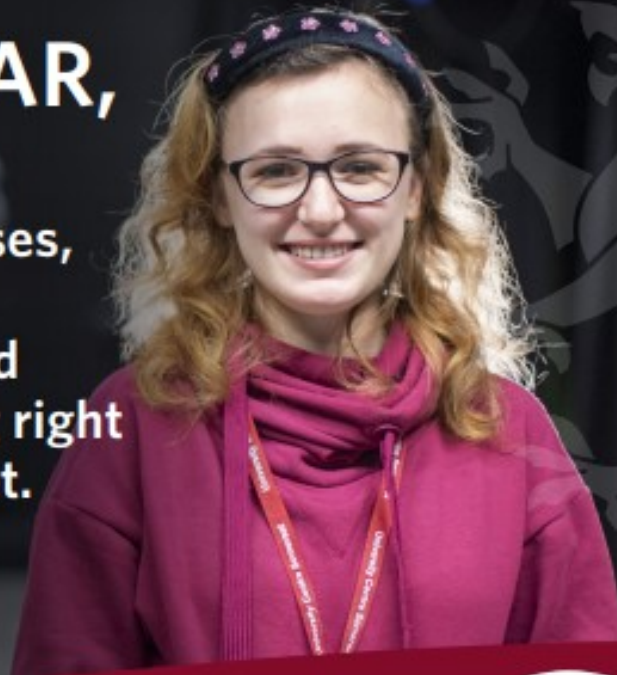


Still didn't find my other sock!



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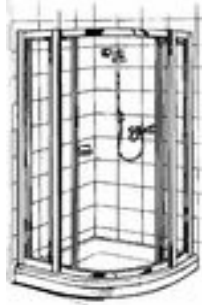
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Are you unable to access help elsewhere?
Do you live in Cannington?

Contact Cannington Combined Charities
to see if we can help.

Revd Alison Waters (Rector) Linda Anniss (Clerk)
652953 653256

All applications in strictest confidence.




**This is 7628 Jason Wyatt , your
Police Community Support Officer.**

He is the School Link Officer for:
Cannington Church of England Primary
School, Enmore Church of England
Primary School, Nether Stowey Church
of England Primary School, Otterhampton
Primary School, Spaxton Church of
England Primary School, Wembdon
St George's Church of England Primary
School
**Contact him on – 0780 287 4663
or
7628@avonandsomerset.pnn.police.uk**

“Brownies Is Very Fun” – Edie


Before Christmas we were very lucky to be given the ingredients to make Christmas cakes by the WI. (Women’s Institute), It was very enjoyable to have the opportunity to make scrum-diddly-umptious cakes. All the Brownies faces lit up when Brown Owl opened the box and lifted out the bags with the ingredients and instructions to make divine Christmas cakes.



The first week we made the batter for the cakes and Brown owl and Leanne stayed up until midnight to cook the cakes for us. Isla and Edie put all the cakes in the oven.

The next week we smothered all the cakes with apricot jam and put a layer of marzipan covering the cakes.

On the third week we rolled out the creamy white icing and left it out to harden. On the fourth week Mrs Boucher kindly donated fondant holly leaves and berries to decorate the top of our scrum-diddly-umptious cakes.



Finally, on our last meeting before Christmas we all got to take home our amazing cakes.

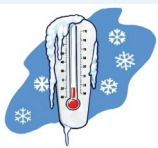
By Frankie, Mia, Mia and Edie.
(Mrs Fackrell mentioned the Brownies had been enjoying lessons on using adjectives)

Quarterly Weather Report.



October can be summarised as being wet and warm. The day and night time averages of 17.2c and 10.9c were exceptionally two degrees above the long term averages. Rainfall totalled 102.8mm some 25% above average making October the wettest month of the year so far. In spite of this there was a very dry period from the 6th to the 18th when no rain fell. The wettest day was the 20th with 22.4mm. The running total for the year is now 609mm which is 10mm above the average for the first ten months.

November may well be remembered by its last few days when we experienced strong cold winds from the north brought by named storm Arwen, although we fared much better than those to the north and east. These days altered little the fact that November was a mild and dry month for the first three weeks. Day and night time averages of 12.5c and 6.8c were a degree above normal. Although we observed some ground frosts no air frosts were recorded. Rainfall was astonishingly low at only 16.2mm, the wettest day being the 26th with 7.2mm. This puts the annual running total at 625mm, in a deficit again of some 47mm. The strongest wind was 45mph at about 4 o'clock in the morning on the 27th.



December was a record breaking month. The national press reported that the highest December temperature ever recorded in Britain was 15.8c at Merryfield in Somerset on the 31st we certainly equalled that in Cannington. The average day time temperature was an exceptional 4.5c above normal at 11.3c. The night time average was 3.0c above normal at 6.0c. There were no air frosts. Most of the 61.2mm of rainfall fell in the first and last weeks leaving a very dry mid-month spell. This was about 75% of normal. Christmas day was the wettest day with 14.6mm being recorded. We also experienced long periods of thick cloud which meteorologists describe as anti-cyclonic gloom.

2021 was warmer than the long term average by a degree during both day and night. It was slightly drier.. The 682mm recorded was 73mm less than the average annual total. The wettest day was September the 28th [24.8mm], the coldest February 11th [-4.7c], the hottest July 18th [32.3c] and the strongest wind 45mph on the 27th of February.
David Daggar



AFTER SCHOOL PANCAKE PARTY!

JOIN US ON PANCAKE DAY FOR PANCAKES, GAMES AND FUN!



**CANNINGTON URC
TUESDAY 1ST MARCH 2022
3.30PM -5PM**



**BOOKING IS ESSENTIAL - CHILDREN MUST ATTEND WITH AN ADULT
TO BOOK YOUR PLACE, CONTACT: MEG@WESTCAN.CO.UK (01278) 447143**



CANNINGTON UNITED REFORMED CHURCH

Our premises are stirring into life, but we never stopped!

Our worship is evolving as “hybrid,” so you can join us either from home on Zoom or on our premises. We are excited about this new concept to move church into modern life and have invested in technology to enable us to do so.

Sunday Service 9.30am

Our Minister’s weekly message is available on the Westcan Website.

We have appointed Marie Trubic as a Church Related Community Worker, and she will join us on 1 February

EASTER

We are hoping to join with St Mary’s for a **Seder meal** on Wednesday 14 April

Good Friday Reflection at 9.30am

Easter Day Breakfast at 9am followed by Communion Service

Lunch Club every Tuesday at 12.30pm. £5 per person

All are welcome. Please ring to book your place.

Contact: Gina Bryant, Tel 012578 652796

Coming Soon : An informal gathering at lunch time on Fridays.

We will provide the space and teas and coffees.

You bring your friends and your own lunch

Join us for a social hour with friends and meet new friends too.

Contact: Margaret Boyd 01278 653214

Children’s Activities

After School Pancake Party Tuesday 1 March 3.30pm-5pm in the Church hall.
Booking essential. Contact Meg Boucher meg@westcan.co.uk

Easter Messy Church Fri 15 April 2pm-4.30pm & Fri 22 April 2pm-4.30pm

Booking essential Contact Meg Boucher meg@westcan.co.uk

We will publish further details and updates on Cannington Now

For information about any of the above, or anything else, contact:

Margaret Boyd Secretary (CanningtonSecretary@westcan.co.uk) Tel: 01278 653214

Meg Boucher Children’s, Youth and Families Leader (meg@westcan.co.uk) 01278 447153

Chris Baillie Minister (chris@westcan.co.uk) Tel: 01278 447153

SADLY, DUE TO THE LACK OF NUMBERS, IT HAS BEEN DECIDED TO TEMPORARILY CLOSE THE FRIENDSHIP CLUB. THANK YOU SANDRA FOR YOUR HARD WORK IN KEEPING THE CLUB GOING. ALSO THANK YOU TO THOSE WHO CAME ALONG AND HOPEFULLY MADE NEW FRIENDS.

Attention all Target readers

If you have difficulty reading the magazine, you will be pleased to know that after some hard work behind the scenes, you can now access the Target on the Cannington website which can be found by going to www.cannington.org.uk and click on the Target link. (Shaun, Editor)

Child of Cannington 2021 Award

There are many who will know Ann from her work with children and young people. For three decades she ran Treasure Seekers on a Friday evening at the United Reformed Church, hugely valued by attendees and their parents alike. She has also provided invaluable support for holiday clubs, puppet shows and stay and play events. Today she volunteers at the school, listening to children reading and helping with lunchtime clubs.



But it is not just the young. The recipient this year is someone who quietly comes alongside so many in the village who are in need. She advocates for the elderly and those whose voice might not otherwise be heard, particularly to get them help and care when needed. Ann is always patient and kind and offers a listening ear to the distressed and lonely. During the pandemic she quickly and enthusiastically stepped up to provide shopping, transport to doctor and hospital appointments, checking and caring for those who have no family to support them and visiting those who felt isolated, and she continued with this support long after the immediate crisis passed.

Ann can always be relied on to help anyone she can in the big things, but also in the small things, helping at the lunch club, supporting struggling parents, taking round a hot meal to someone enable to cook for themselves, dropping off flowers or a card to those who have been bereaved. She has and does give so much to the people of this community and that is why this year the Child of Cannington is awarded to Ann Webber.

(Photograph Supplied by Betty Edney)

Revd. Alison Waters

*I've just read the Target regarding traffic calming; I live on Rodway Hill and can tell you that the speed on the hill is ridiculous. The volume of traffic from 5.30am - 8.30am and again from 3.30pm - 6.00pm is as bad now as it ever has been. We still have LGVs and other heavy vehicles coming through the village. We have had 2 accidents in the last 2 months and so many near misses on the crossing that many people don't use the crossing at all.
Extract from an Email sent to the editor from Keith Coleman (6th November 21)*

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Milk or Water - what do you put in first when making your tea?
Whether or not a person poured their milk in first or last supposedly once had strong class connotations – the story goes that in the old days only the most expensive china would not shatter when boiling tea was poured into it, so the less well-off cooled their vessels by pouring their milk in first.

However, to test the recipe for the perfect cup of tea put forward in 1946 by George Orwell himself, Dr Stapley of Loughborough University established that putting the milk in after the boiling water is incorrect, as it causes the milk to heat unevenly.

**Do you enjoy gardening?
Meeting with Friends?
Improving your neighbourhood?
If yes then an IYN might be for you.**

**RHS IT'S YOUR
NEIGHBOURHOOD**

You're all familiar with the work done by Cannington in Bloom but as well as the regional competitions the RHS also runs "It's Your Neighbourhood (IYN)". This is a unique scheme for community gardening groups keen to improve their local environment. Groups can be working in their local street, a back alley they share with their neighbours, or the local community centre's outdoor space. RHS "It's Your Neighbourhood" is an inclusive, non-competitive scheme, a group can be made up of any number of community volunteers. There is no charge to participate.

So what do groups do?

This entirely depends on the group. Here's a few examples of the kind of things groups have done in the past:

- ◇ Restoring/maintaining a churchyard
- ◇ Improving and maintaining the green spaces on a residential estate
- ◇ Adopting an unloved patch of land and renovating it
- ◇ Encouraging residents to spruce up their front gardens, running window tub or hanging basket workshops or providing free plants to get people started
- ◇ Supporting a school garden or engaging pupils in planting projects in the wider community.

How does it work?

The wonderful thing about "It's Your Neighbourhood" is that no two projects are the same - each group chooses its activity based on the needs of the local community. Participants carry out their projects with a focus on the three core IYN pillars:

***Community Participation • Environmental Responsibility
• Gardening Achievement***

IYN is not competitive and the assessors should be welcomed as mentors who can provide constructive feedback. The annual visits are arranged and generally take place throughout June and July. Assessors evaluate what each group has achieved and how much more could be done given the unique circumstances. Following the assessors' visit, certificates of achievement are presented to all participating groups at annual award ceremonies organised by the Regions/ Nations in Bloom.

If you are interested please email Joan from Cannington in Bloom (joans1986@gmail.com) and she will be able to give you more information.



Inspiring everyone to grow



St Mary the Virgin Church Cannington

Regular Sunday Services

- 8.00am **Holy Communion**
A quiet, shorter service of communion.
- 9.30am **Parish Communion and Sunday Club**
With choir and Sunday Club for children.

2nd Sunday of the Month

- 9.30am **Family Service**
A service of story and song for all ages.

5th Sunday

- 10.00am **United Benefice Service**
Held at one of the Churches in the Benefice.

Weekday Services

- 6.45pm Tuesdays
9.00am Fridays

**For dates and times of other services and events,
please see the notice in the Church porch.**

Additional Services will be held during Lent.

Holy Week and Easter

- Holy Tuesday** 7.00pm **Tenebrae**
Reflective service of light & shadow
- Holy Wednesday** 7.00pm **Seder Meal**
Contact below for tickets (free)
- Maundy Thursday** 7.00pm **Holy Communion**
- Good Friday** 12.00pm **Stations of the Cross**
- Easter Sunday** 5.30am **Dawn Eucharist at Steart Chapel**
8.00am **Eucharist**
9.30am **Family Communion**
Followed by Easter Egg Hunt

All enquiries to the Rector, Revd Alison Waters. Tel: 01278 652953.

Email: cannington.benefice@gmail.com.

Like our page on Facebook for details of events or visit our website:

www.achurchnearyou.com/cannington-the-blessed-virgin-mary.



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01823 345626

email: ageingwell@ageuksomerset.org.uk
visit our website: www.ageuksomerset.org.uk

This class is held at:
United Reform Church
49 High Street
Cannington
TA5 2HF

flexercise

WESTCAN URCS



Easter Messy
Church

Friday 15th April 2pm-4.30pm
Friday 22nd April 2pm-4.30pm

Cannington URC

Join us for some Free, Easter family fun!

Games, food music and the Easter story!



Booking is essential, the events are free of charge.
To book your place, contact: meg@westcan.co.uk
(01278) 447153)





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Get ready for Recycle More



Coming to Sedgemoor and West Somerset from the end of February 2022

Recycle more from your kerbside every week



Because you can recycle more, your rubbish bin will be collected every three weeks.

somersetwaste.gov.uk/recycle-more

Somerset recycles



Look out for your Bright Blue Bag

A reminder of what's changing



- **Added to weekly collections:**
 - Plastic pots, tubs and trays
 - Food and drink cartons
 - Small household electricals
 - Small household batteries
- **New recycling container**—a Bright Blue Bag—delivered to all homes.
- **Rubbish collected every three weeks**—as more recycling is collected every week.
- **Collection day changes**—for around a third of households.

Garden and clinical waste collections are unaffected. **Assisted collections** continue on new collection days.

Where possible, recycling will also be improved for homes with shared or communal collections—for example flats, homes or multiple occupancy.

What is possible will depend on space and access at each site. These improvements will come later in the year at a date to be confirmed.

Recycle More Messenger



Edition 2, 11 January 2022

Welcome to the second Sedgemoor and West Somerset **Recycle More**

Messenger. The new service is due to launch to around 70,000 households at the end of February. We will let you know if this changes. Recycle More is an important development that means doing things differently and you can play a key role in raising awareness and understanding.

Get ready by boxing clever

Recycle More works best if you make full use of weekly recycling collections. Make sure you have all the containers you need.

If you don't already recycle food waste, now is a great time to start.

Everyone can have green and black recycling boxes and food waste bins. New or replacement containers can be ordered FREE using the My Waste Services feature at www.somersetwaste.gov.uk

Info on your doorstep

Everyone will be written to twice before things change, at six weeks and three weeks before Recycle More launches.

The first leaflet should arrive in mid-Jan. It looks like this and introduces the new service, timescales and how to prepare.



A second leaflet is due in early Feb. It will include a guide to recycling with the new service and an individual collection day calendar of recycling and rubbish collections for the coming year.

Recycle More Q&As

We are running several out of hours Facebook "Q&A Days" about Recycle More where we will field any questions about the new service.

They will run from 7am to 7pm. Please join in and promote them in your communities and with colleagues, family and friends.

To take part, just visit the Facebook page [@somersetwaste](https://www.facebook.com/somersetwaste) and post questions as comments on the Q&A day post. The first session took place this week and there are more to follow:

- Wednesday 26 January.
- Friday 18 February.
- Wednesday 14 March.

Keep recycling sites in your sights

Until Recycle More starts, please continue to make full use of recycling sites in Bridgwater, Cheddar, Dulverton, Highbridge and Minehead. They already accept the new materials.

Please don't stockpile material ahead of the new collections. It's important that the new service isn't inundated when it first starts.

Bereavement support

The Somerset Bereavement Support Service is here if you've been bereaved and need emotional support or someone to talk to.



Call **0800 304 7412**
9am to 5pm, Monday to Saturday.

In partnership with



Quantock Lodge Pool



Sunday	Family Swim	10.30am to 12.30pm
Monday	Lanes Swim	6.30pm to 8.15pm
Tuesday	Adult Swim	7.45am to 10.15am
Thursday	Adult swim	7.45am to 10.00am
	Lanes Swim	6.30am to 8.15am

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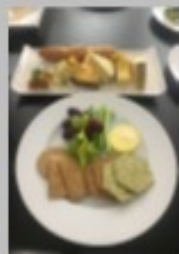
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The ladies of the WI met in October with a talk by the Rev Alison on her Toilet Twinning project in Africa. In November we had a talk by Colin Fitzpatrick on the last 30 years of CHSW and how it has developed.

In December it was our Christmas Party. We all made little paper craft Christmas characters which had chocolates hidden in them. (Kits kindly provided by Brown Owl Lyn Fackrell). This was followed by a lovely high tea and the secret Santa gifts were distributed by our President Jean. The ladies of the WI like to support the Cannington Brownies and in return they gifted us five little Christmas cakes that they had made themselves as part of their home economics badge awards.

We had a celebration Christmas dinner at Blackmore Farm where 21 ladies dined. Christmas songs and carols were sung and a rendition of the 12 days of Christmas with all the actions was thoroughly enjoyed. Thank you to Ann and Ian Dyer for such a lovely evening.

In January we had a talk and film slide presentation by John Addison on Winter flowering shrubs. This was followed by a cream tea as it was our 99th Birthday. We also consumed the beautiful Brownies' Christmas cakes!

Our programme of meetings is as follows:

February 14th. Tales of a Somerset Soap maker - Nicola Penn

March 14th. Treading the wards, A Nurses Tale - Lottie Dale

April 11th. Air Ambulance

We meet on the second Monday of the month upstairs in The Village Hall 2.30 to 4.30pm (There is a lift available). If any potential new members would like to join us you would be made most welcome. Your first afternoon meeting is free of charge.

For further information please contact :

Mrs Jean Fitzpatrick (President) on 652859 or

Mrs Doreen Bunch (Secretary) on 653969

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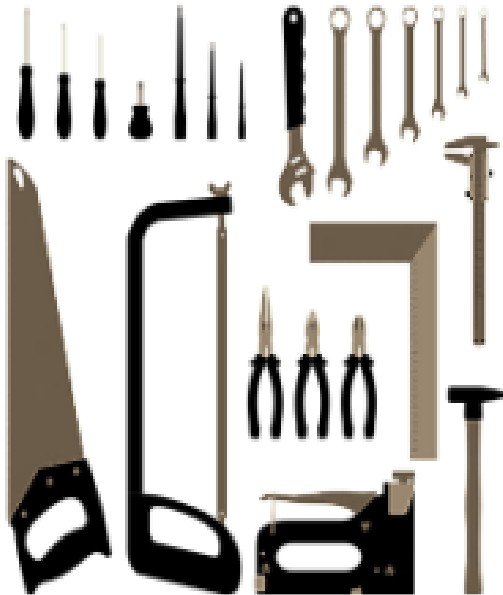
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(extract from Good Energy website)

- 1 Switch to LED Bulbs
- 2 Install smart switches
- 3 Turn it off at the switch
- 4 Clean the coils on your fridge
- 5 Keep your fridge and freezer full
- 6 Keep your fridge and freezer warmer
- 7 Defrost frozen food in the fridge
- 8 Utilise the sun for warmth and light
- 9 Purchase energy efficient appliances
- 10 Be efficient when cooking. Use lids when boiling
- 11 Wash clothes on a lower temperature
- 12 Open the window instead of using a fan
- 13 Use the microwave when you can
- 14 Set your thermostat a little lower
- 15 Air dry wherever possible
- 16 Spend less time in the shower
- 17 Use alternative sources of electricity (solar/wind)
- 18 Regularly service your appliances



How to use an AED (Automated External Defibrillator)

Danger

Assess the situation

- Remove any hazards
- Do not move the casualty (unless necessary)

Response

Check to see if the casualty is responsive by asking "are you alright?"

Are You Ok?

Help

Shout "help!" and do not leave the casualty
Ask someone to call **999 / 112**

Airway and Breathing

If there is no response, open the airway by tilting the head and lifting the chin.

<p style="color: green; text-align: center;">Casualty Breathing Normally?</p> <p>Place in the Recovery Position and wait for medical attention</p>	<p style="color: green; text-align: center;">Casualty Not Breathing Normally?</p> <p>Send for an ambulance, ask for an AED and begin CPR</p>
---	---

CPR

Give 30 chest compressions followed by 2 rescue breaths

<p style="color: green; text-align: center;">Chest Compressions</p> <ul style="list-style-type: none"> Place heel of hand over the other in centre of casualty's chest Compress the chest 30 times 	<p style="color: green; text-align: center;">Rescue Breaths</p> <ul style="list-style-type: none"> Keep head tilted back Lightly pinch nose and blow steadily until chest rises twice
---	--

Using an AED

- Switch on the AED and follow the voice and visual prompts
- Remove clothing and jewellery from the casualty's chest
- Place the electrode pads on casualty's bare chest – **DO NOT TOUCH THEM WHILE THE AED IS ANALYSING**
- The AED will advise **SHOCK** or **NO SHOCK** - if a shock is advised, stand clear
- Continue with CPR for 2 minutes, then AED will re-analyse casualty
- Repeat until an ambulance arrives or casualty becomes responsive

Locations of Defibrillators in the village of Cannington:

Public Accessible Defibrillators – 24h Access

Cannington Bus Shelter – High Street

Brook Street Telephone Box – Brook Street

National College for Nuclear – Bridgwater and Taunton College

Restricted Access Defibrillators (details included)

BTC Cannington College Reception – Restricted to college opening times

BTC Rodway Agricultural Innovation Centre – Restricted to college opening times

BTC Cannington Golf Club – Restricted to golf club opening times

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- X** Bric-a-brac
- X** Waste
- X** Plastic Toys

Please Donate

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- ✓** Bags & Belts
- ✓** Soft Toys

If you have any questions/concerns about Bags of Help or you wish to report that the bank is full. Please contact BOHC Ltd either by phone or email.

LENTIL AND 10 VEGETABLE CURRY RECIPE



Ingredients

In a large saucepan (non stick if possible) put the following:-

- 1 tin of lentils drained - 2 tins of chopped tomatoes - 1 tin coconut milk - 1 dessert spoon of Brewers yeast - 1 dessert spoon of Vegan Engevita Nutritional Yeast Flakes with Vitamin B12
- 1 tsp of organic vegetarian marmite - 1 tsp sea salt (pink or blue Himalayan salt) added to veg stock - 1 vegetable stock cube - 1 tsp of organic low salt Marigold vegetable powder

Spices

- half tsp turmeric - 2 heaped dessert spoons of medium curry powder - 1 teaspoon of cumin
- 1 tsp of black pepper
- 8 garlic cloves crushed - 1 large or 2 medium onions chopped small and microwaved, or cooked in a frying pan in a little oil until transparent
- 1 tablespoon of dried porcini mushrooms rehydrated in a cup of boiling water
- 2 fresh chillies chopped small or two dried chillies rehydrated in some boiling water,

Method

In a small non stick saucepan put one dessert spoon of Vegan spread (available from Sainsburys), on a medium heat. Cook the garlic for one minute (any more and they go bitter). Put into the lentil mix saucepan. In the same small saucepan put all the spices and fresh chilli (if using) and cook for one minute, put in with lentils.

Add any of the following to make up the 10 vegetables;

Chopped cauliflower, kale, spinach, parsnip, potato, broccoli, carrot, squash, parsnip.

Everything should now be in the large non stick saucepan. Stirring frequently, bring to a boil and simmer immediately for minimum of one hour.

Serve with wholemeal pitta bread or brown basmati rice or quinoa or naan bread and plain organic live yogurt, poppadums mango chutney.

(Catherine Nightingale)

Feb.2nd - Play Your Ukulele Day

Feb.5th - Shower With a Friend Day

Feb.13th - National Sticky Bun Day

Feb.19th - World Sleep Day

Mar.2nd - National Ferret Day

Mar.11th - Worship of Tools Day

Feb.3rd - National Day the Music Died (no connection!)

Feb.9th - National Pizza Day

Feb.10th - International Bagpipe Day

Feb.20th - international Day of Happiness

Mar.9th - National Get Over it Day

Mar.15th - National Rubber Eraser Day

Mar.15th - National Everything You Think is Wrong Day

Support your bloomers!

Well, what a year 2021 was... alongside the challenges of living with the pandemic, the Cannington in Bloom volunteers enjoyed a bumper year. As well as winning a barrow full of medals, we prepared and sold 25 jars of chutney and 59 buckets of bulbs, all of which were distributed by our elves during December. All the funds go back into the pot, helping Cannington to enjoy a bloomful future.

We have big plans for 2022, with events and themes to celebrate The Queen's Platinum Jubilee – and we need your help!

Our aim is to celebrate the 70 years of Queen Elizabeth's reign by creating a 'tea party trail' around the village, comprising 70 planted cups and saucers (with the occasional accompanying teapot and cake stands) and we hope you will all get involved.

We already have some new contributors on board and we're keen to attract local businesses and residents to put their best trowels forward (even if it's just the tiniest teacup planter on your window sill).

A date for your diary: 26th March 2022

Come and join us on March 26th at 10.30 for tea and cakes at Cannington United Reform Church in the High Street. This will also be an opportunity for a grand seed and plant swap and to share ideas about how to get involved. Don't worry if you don't have green fingers or are a bit strapped for time, there's a range of activities to suit everyone.

Ideas to celebrate The Queen's Platinum Jubilee in Cannington

- ◇ The Cannington tea party trail: celebrating 70 years with 70 planted tea cups and saucers of different sizes, shapes and styles – prizes will be awarded for the most creative displays, alongside a children's treasure hunt.
- ◇ Encouraging community groups to enter for the RHS It's Your Neighbourhood Awards. This supports cleaning and greening specific local places – whether it's the street you live in, an existing community garden or a disused area that needs a revamp.
- ◇ 28th May – 13th June: 'clean for the Queen' campaign coinciding with the Great British Spring Clean campaign.
- ◇ 2nd – 5th June: community get together with bunting and BYO picnic.





IDEAS FOR THE TEA PARTY TRAIL



Calling all Cannington businesses

Our village is blessed with local businesses which helps Cannington to thrive and prosper. In this very special year we'd like to invite every single business to get involved – not only with donations, but also with a show of blooming flowers!

In early spring, CiB representatives will be making the rounds with words of encouragement, practical ideas and knowledge. Why not join in? It's great for your business and your customers. It's all round blooming lovely!

The CiB is a great place to make friends, swap ideas and knowledge, extend your social life and generally have a bit of a laugh. It's open to all and even if you can't make a regular commitment, there's still a place for you. We look forward to seeing many of you on March 26th!

Mar.13th - Open an Umbrella Indoors Day

Mar.19th - National Let's Laugh Day

Apr.2nd - International Pillow Fight Day

Apr.21st - British National Tea Day

Mar.18th - National Awkward Moments Day

Mar.28th - National Something on a Stick Day

Apr.10th - International Safety pin Day

Apr.25th - World Penguin Day

Fitness Classes with Sian

Cannington Village Hall

Tuesday - 7pm - Ball Fit - £6 - an all-round fitness class that includes balance, core, strength, flexibility and cardio work. *Please bring a mat and body ball.*

Thursday – 2pm - Balance and Mobility - £6 - a gentle class for those who want to improve their stability, posture and leg strength and reduce the risk of falling. Mostly standing and chair exercises.

Friday – 1pm - 55+ Dance Aerobic - £6 - a movement to music (mostly 60's and 70's) class with fun, simple, mostly low impact routines followed by some chair exercises.

OUTDOOR FITNESS - Thursday 7pm - a circuit training class in the open air (except when weather is very wet or frosty!) where you can work at your own level. NOT Boot Camp. **£5**. At Cannington Sports Field (next to EDF drop off)

Enquiries ring Sian (qualified and experienced instructor) on **01278 652411** or contact siancocks@btinternet.com



Message from Lion Sue Miller.

Many thanks to those of you who came and “Met the Lions” in November. 81 pairs of used spectacles you donated have been sent for cleaning and grading, these will then be forwarded on to Eye Clinics in Third World Countries, these will make a huge difference to those with visual impairments, so a huge thank you on their behalf,

A minimum of 5 people are needed to form a new club. I have 2 prospective members eager to be the first new members of Cannington and District Lions Club. So please contact me s.miller@live.co.uk if you need any information regarding the formation of this new and exciting venture.

Along with your own ideas I have many for Fundraising and Service projects, including an Easter Egg Hunt on Saturday 16th April, with the support of the Pre School and Primary School, and the Friendly Spirit, this should be a popular event.

Something for all to get involved with a Sunflower Competition with seeds donated by Blue Diamond Garden Centres and, hopefully The Duck Race, great fun for all. Of course as the club grows, more members, more ideas, who knows what's in store!!!

We have a room for the clubs monthly meetings, and I already have raised over £100 through a raffle and donations. Myself and Burnham on Sea Lions Club will be on hand to offer support and guidance..... so please contact me for a coffee and an informal chat to learn more. s.miller@live.co.uk.



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Tales from the Tower

Last November we held an open tower recruitment day where we offered people the chance to come along and see for themselves what we do in our bell ringing sessions. We demonstrated ringing the bells and gave people a chance to have a go for themselves. One added bonus was that it was a lovely clear day and we offered people the chance to enjoy views of Cannington from the top of the tower. This was a very successful event and we are pleased to say that we have recruited three people who want to learn ringing and have joined us on our Tuesday practice nights. We thought it would be a good idea to ask our new ringers to tell you a little bit about their experiences in the tower.



A new Bell Ringer's perspective:

"What a pleasure it is to finally be learning the art of ringing. I only wish I could have joined earlier instead of waiting for retirement. The group in Cannington are very friendly and 'patient' as it's not just pulling a rope. It's a mix of physical and mental workout so cake and wine on birthdays after ringing is well deserved. If you're considering joining us don't wait, just do it!!" (Linda)

"We moved to Cannington last summer and loved hearing the bell ringing practice on a Tuesday evening. When we read about the open morning in November, we decided to go along and see how it was done. It was really interesting to see the actual bells and have a go at ringing one of them, although a lot more complicated than I'd imagined! The ringers were happy for anyone new to join them, so three of us decided to give it a go and we're all really enjoying being part of the practices each week. If you fancy trying something completely different, come along one Tuesday evening - you'll be made to feel very welcome" (Sarah)



Our new ringers also commented that before they came up to have a go for themselves, they had not realised how the bells themselves work. If you listen on a Tuesday evening you will hear us raise the bells at the beginning of our session, this is when we bring the bells round into an "up" position ready to ring. At the end of our session, we have to lower them back down so that the bells are hanging downwards, this is so that they are safe.

Angela Underwood

Cannington Pantomime Society

We are very much hoping that 2022/2023 will be our year to be back!

It is still early days to start planning but we are still here and still hoping that things will go back to 'normal' soon.

Keep checking our website and Facebook page for updates.

We will be starting to plan for our Annual General Meeting which we hold in April, and would love new members to come forward to join us and support us to get back into performing our pantomime for the village.

We all miss it very much but need your support to get things going again!

As Easter approaches we will be running some fund-raising activities so keep a look out for those!

www.canningtonpanto.com



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Happy New Year to you all!



Capital Projects

The Parish Council recently purchased a projector and screen which has been installed in the upper hall of the village hall. This will be available to anyone who hires out the hall. We are looking to replace the notice board in the High Street with a free standing one by the bus shelter. We will also be undergoing a tree and hedge planting project in the Cemetery.

Traffic Calming

Following a meeting with Highways in November, consideration will be given to improve the traffic calming measures on Rodway.

- To convert the 1st, 3rd, 5th and 7th cushions on the Northside of Rodway to table top humps filling in the centre channels, but leaving the gaps on either side to allow for cyclists and drainage.
- To install 2 new table top humps above and below the layby just up from the College entrance.
- This will be subject to a design scheme, safety audit and costs.
- If approved, works should hopefully be completed by the summer.

Cannington in Bloom

The Parish Council has awarded a grant to CIB to help towards the cost of replacing some of the containers around the village. We are also working with them to put up signs on the village entrance signs to celebrate their success.

Queen's Platinum Jubilee Celebration Weekend June 2022

As mentioned in previous Targets the Queen will become the first British Monarch to celebrate a Platinum Jubilee. A number of events across the weekend of 2.6.22 to 5.6.22. If you or any organisation you belong to are interested in forming a sub-committee to plan an event(s) for Cannington, or if your organisation is planning its own event could you please contact Robin Phipps or the parish council clerks? The Christmas lights have been left up in Jubilee Gardens in case they are required for any celebrations. The Parish Council will be planting an oak tree in Jubilee Gardens to mark the occasion.

Parish Council elections

Have you ever thought of becoming a parish councillor? You don't need any qualifications apart from being over 18, live within the parish and have an hour or two spare each week. The elections will take place in May this year and if you would like more information on the role of a parish councillor, please contact the clerks.

Cannington Neighbourhood Plan

The NHP plan has been updated following the comments received during the Regulation 14 consultation in May 2021. The plan is now progressing through the next stages and it is hoped that it be ready for a referendum in May at the same time as the local elections.

Parking

The subject of parking comes up regularly at Parish Council meetings. We know that parking is an issue in the village but please do not park on the grass verges (a particular issue this time of year as the ground is so sodden) and on the pavements. Of particular concern is the area in the High Street around the Spar Shop and Kings Head. We will work with the Police and Highways for possible solutions. Please be aware that the police have recently ticketed cars for parking on the pavement.



New Year's Day football match



The parish council allowed free use of the Rodway Playing Field for this annual event which raised £1,000 for Children's Hospice SW. Over £40,600 has been raised in total from the football matches, mainly for the Hospice. The New Year's Day football match has taken place for the last 38 years and we hope it will continue raising money for charity for many years to come. **(Picture by Neil Lush)**

Parish Precept for 2022/23

At our parish council meeting in December councillors voted unanimously to keep the precept at £40,000 for the coming year. This is the tenth year in a row that there hasn't been an increase.

Recycle More

From the end of February there will be new rules for recycling, you will receive a blue bag for recycling more plastic. You will also be able to recycle food and drink cartons, small electrical items and small household batteries. Watch out for the leaflets that will be dropping through your doors shortly. (for more information see also page 16)

Emergency Contact

For all emergencies including flooding (emergency flood phone no longer in use) please contact; Colin Allen 07799 451577, Ian Dyer 07740 076675, David Greenslade 07850 367994 or Mike Phillips 07746 973419

Finally, it would be appreciated if you have any non-emergency matters that you wish to report or discuss to contact the clerks in the first instance by email or phone (answer machine checked twice a week).

Tina Gardener, Clerk and Aly Prowse, Deputy Clerk
Mondays and Thursdays 10am to 12pm
Community Room, Cannington Village Hall, Brook Street,
Cannington, TA5 2HP 01278 653322 or
canningtonparishcouncil@cannington.org.uk
www.cannington.org.uk





Thank you everyone who supplied a caption for this photo, what an imaginative lot you are!
However as I started to read your answers, I noticed a theme developing involving bodily functions!
 (Shaun - Editor)

- I told you not to eat too many sprouts - **Frank Parsons**
- Synchronised gurning - **Claire Ridgment**
- Shark!! - **Larriesarah Clarke**
- The piranhas should have been cleared first - **Lena Tucker**
- Oh no! there's a great spider on the side of the pool. **Julia Williams**
- And it's a close finish to the underwater saddleless unicycle race - **Clive Boucher**
- Who watched Jaws last night? - **Nicki Beridge**
- It's fffffreezing - **Geoff Parle**
- Nooooo bombing! - **Ricky JA**
- Did anyone feel the warm patch - **Suzanne Salway**
- How I look when I take a selfie - **Hayley Ingram**
- I need to look at the drainage in the lower field sir - **Steve Payne**
- Boris told us climate change won't affect us in Cannington - **Charles David**
- Oh no, it's a floater - **Joy Simcox**
- Oh no! my bikini bottom has fallen off - **Liz Harfield**
- Beans again - **Paul Enever**
- The brook is a bit cold for this! - **Carole Taylor**



Can you use your creative skills and write a caption for this photo?
A selection of your answers will be revealed in the May edition of the Target.



REMINDER:
Animals are attracted to the warmth of your vehicle, always check your car before driving.





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QUARTERLY QUIZ**

Thank you to everybody who took part in this quiz,

Congratulations to Kim Cook who is the winner of the November quiz and she wins a £20 voucher for The Spar Shop (Answers P45)

Easter will soon be here so this anagram quiz is all about words generally associated with that time of the year.

1. A HUMAN DRY STUDY (6,8)
2. A GIDDY ROOF (4,6)
3. SEGREGATES (6,4)
4. DAY SUNLAMP (4,6)
5. BUSH CONSORTS (3,5,4)
6. DRASTIC OUIJAS (5,8)
7. COW FRONT HORNS (5,2,6)
8. AGNES FATHERED GNOME (6,2,10)
9. SCANT IRISH (10)
10. BEERY SUNTAN (6,5)

The first correct answer drawn out of the hat will win a
£20 Croft Farms Butchers voucher

Answers to: shaunryall@talktalk.net or by post or carrier pigeon to
The Editor, Target Magazine, 14, Court Orchard, Cannington. TA5 2QH

HAVE A GO! GOOD LUCK

After every flight pilots fill out a “gripe” sheet which tells the mechanics any problems they had during their flight. The mechanics correct the problem and explain in writing what remedial action was taken. Here are some “actual” “gripes” submitted by Quantas pilots.

Left inside main tyre almost needs replacing - *Almost replaced left inside main tyre.*

Test flight OK except auto-land very rough - *Auto-land not installed on this aircraft.*

Something loose in cockpit - *Something loose tightened.*

Dead bugs on windscreen - *Live bugs on order.*

Evidence of leak on right main landing gear - *Evidence removed.*

DME volume unbelievably loud - *DME volume set to more believable level*

Friction locks cause throttles levers to stick - *That's what they are there for.*

IFF inoperative - *IFF always inoperative when in OFF mode.*

Suspected crack in windscreen - *Suspect you're right.*

Number 3 engine missing - *Engine found on right wing after brief search.*

Aircraft handles funny - *Aircraft warned to straighten up, fly right and be serious.*

Target radar hums - *Reprogrammed target radar with lyrics.*

Mouse in cockpit - *Cat installed.*

Noise coming from under instrument panel. Sounds like a gremlin pounding on something with a hammer - *Took hammer away from gremlin.*

(at the time of writing, Quantas is one of the few airlines not to have had a serious accident)



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Answers to Shaun's November Quiz

1. Which character did Jodie Foster play in Silence of the Lambs?
Clarice Starling
2. Which golfer won the US Open in 1992 and captained the Ryder Cup team in 1997 - **Tom Kite**
3. What was the name of William Wordsworth's house in Grasmere in the Lake District - **Dove Cottage**
4. Complete the motto of the Royal National Lifeboat Institute - Let not the deep... - **swallow me up**
5. Who was Tony Blair's first Foreign Secretary when Labour returned to power in 1997 - **Robin Cook**
6. What was author Julian Barnes 1984 novel about an elderly doctor who focuses obsessively on Gustave Flaubert - **Flaubert's Parrot**
7. Which character, played by Frank Thornton, was a floor walker at Grace Brothers - **Captain Peacock**
8. Which member of the cuckoo family is the state bird of New Mexico - **Roadrunner**
9. What links novelist Jack Higgins and the Apollo 11 moon landing - **the Eagle has landed**
10. What is the link between the answers 1- 9 - **all include the name of a bird**



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February March April... Gardens

February

- Place new potatoes (first earlies) on a window sill in egg boxes to chit
- Soak Sweet Pea seeds for a week, then put 4 seeds to a small pot of compost (vermiculite, sharp sand, or perlite and compost mixed)
- Sow marigold seeds
- Scrape soil from mole hills and use as readymade, naturally sieved compost for seed sowing and planting (a way to work with wildlife, rather than use chemicals or killing moles)
- Keep feeding wild birds and give fresh water every day
- Using secateurs, cut wisteria tendrils down to 10cm (4")
- When not too wet and not frosty, use the garden fork prongs to make holes in your lawn to aerate the soil and create better drainage
- Make patios safe and ready for spring, by giving them a good clean using water with a power washer
- Order any flower and vegetable seeds



March



- Scrub bird tables early in day with very weak disinfectant solution to protect from disease.
- Clean out bird boxes.
- Bury some wood for stag beetle larvae. They take eight years to mature.
- Sow seeds thinly. Keep moist and warm in either cold greenhouse or light windowsill or window box

April

- Make an insect hotel. Mason bee home. Lacewing and butterfly homes. Look at ideas on internet for bug and insect charities. Great for children and families to do to get into looking after essential bugs and wildlife.
- Divide allotment into Roots, Legumes, Potatoes & Squashes, Brassicas, Wildflowers, Fruit and Fallow spaces
- Hoe and hand remove annual weeds. Keep a few dandelions as these are the first flower food for emerging bees and insects after the long dark winter.
- Keep a scruffy corner in your space for insects, mammals and amphibians; wood pile, nettles, twigs, compost pile, dead tree trunk and root
- Good Friday. Plant new potatoes 25 cm (1 foot) apart, rows 50 cm (2 foot) apart and 10 cm (4") deep. Water really well every week. Ready for harvesting mid July.



(Catherine Nightingale 14.1.22)

Firkytoodling - Victorian slang for a kiss and a cuddle

Hurkle - Durkle - Old Scots for staying in bed long after it's time to get up

Bellycheer - food and drink to gladden the heart and stomach

Joblijock - Old English for a domestic disturbance

Dictionary Corner

THE ROYAL BRITISH
LEGION



THE ROYAL BRITISH
LEGION



THE ROYAL BRITISH
LEGION



On behalf of the 2021 Royal British Legion Poppy Appeal in Cannington and Combwich I would like to thank everyone who contributed in any way. In total the local appeal raised the magnificent sum of £2824.46.

It was back to a normal year and we were able to hold house to house collections. The appeal was supported by 10 collectors who between them collected a total of £756.90. It would be great to have some new volunteers!

A big thank you to Cannington and Otterhampton Primary Schools, who, together with Brymore raised a total of £602.66. The collecting boxes placed in local businesses raised a further £1209.90 and donations for wreaths contributed another £255.

If you require any further information please contact me on 652859.

The Royal British Legion has said 'The need for your support is greater than ever', so thank you once again for the support that you gave.

Colin Fitzpatrick
Poppy Appeal Organiser

TOP 20 THINGS THAT MAKE US HAPPY

- | | |
|---|--|
| Sunny days and clear blue skies | Stepping off a plane into the sun |
| Getting into a bed with fresh sheets | Looking back at old photographs |
| Walks in the country | Pets being happy to see you |
| Watching a favourite TV show | Cosying up under a blanket when it's cold or raining outside |
| Finding a great bargain | Having a piping hot cuppa |
| Receiving a compliment or praise | Finishing a good book |
| Seeing an old friend | Not having to cook or a takeaway |
| Giving someone special a gift | Finding forgotten money in a pocket |
| Hearing a song that reminds you of the past | Receiving a package in the post |
| Eating a thick slice of cake | Home cooked food |





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Can You Help?

The following email was recently forwarded to the Target from the Parish Council.

“My Name is Grant Ahlrichs and I'm a collector of coins and tokens. I have recently come into possession of a token for the Cannington Friendly Society with a date of 13th may (no year) and a value of 2d on the reverse. I am wondering if there may be a contact in the village who would be willing to assist in finding out more about the Society and the relevance to the 13th May.

Many thanks, Grant Ahlrichs

This information was found on the [Cannington Friendly Society - Bing](#) website

ñThe Cannington Friendly Society or Loyal Union was founded by 1808 and met at the Anchor Inn. It may have ceased in 1834. The British Society, probably also known as the 13 May Club and dating from 1810, originally met in the Anchor but later in the National school. It had 83 members in 1872, but was dissolved in 1874

If anyone can help Grant with any additional information, could you email me at shaunryall@talktalk.net and I will forward it to Grant.



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Fees for this production are being donated to Comic Relief <https://www.comicrelief.com>



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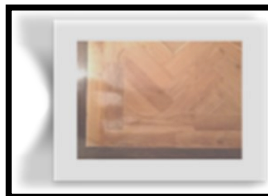


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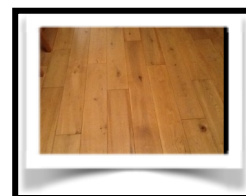
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At the beginning of 2022 we wanted to take the opportunity to say a heartfelt thank you! 2021 was a very special year for Children's Hospice South West as we marked 30 years since we were founded by Eddie and Jill Farwell in 1991.

Whether you've made a donation, played our lottery, volunteered, shopped with us, fundraised, or supported us in any way, we can't thank you enough for all your efforts. You've really helped create times that matter for the families that we support.

In whatever way you've shown your love and support, your wonderful generosity has enabled children and families to continue receiving the care they desperately need, at home, in our hospices, and virtually. Together we have achieved so much. We couldn't have done this without support from people like you.

If you would like further information on how you could help Children's Hospice South West, please contact Jean or Colin Fitzpatrick, telephone 652859 or visit their website www.chsw.org.uk

Colin Fitzpatrick
Cannington Friends of Children's Hospice



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Chris O'Donovan Photography/Samaritans

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E-mail canningtonpreschool1@yahoo.co.uk

www.canningtonpreschool.co.uk

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Nursery Education Funding Available for 2, 3 & 4 year olds (15 free hours a week)
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Please feel free to contact us or pop in for a chat.

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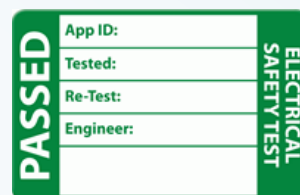
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P.A.T Testing



Part P Registered

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07980552620**



Answers to November's quizzes

Answers to Children's Quiz

1. Speak and spell
2. Stickle Bricks
3. Connect 4
4. Spirograph
5. Kerplunk
6. Chinese Checkers
7. Simon
8. Scalextrix
9. Ludo
10. Sindy

Answers to Adult's Quizzes

WORD SPIRAL

1 Sand, 2 Dhow, 3 Wide, 4 Easy, 5 Yard,
6 Darn, 7 Near, 8 Rash, 9 Head, 10 Diet,
11 Toot, 12 Tomb, 13 Beef, 14 Farm, 15 Mars,
16 Swig.
Reigate

HONEYCOMB

1 Bodies, 2 Docile, 3 Elapse, 4 Sparse,
5 Esteem, 6 Edible, 7 Befall, 8 Affair,
9 Ribald, 10 Lastly, 11 Lately, 12 Seethe.

10 Tips to help Reduce Climate Change.

1. 30 degree temperature for washing machines
2. Turn off electric plugs when not in use
3. Wash clear plastic bags and dry in your airing cupboard to use again
4. Instead of Clingfilm, try using food storage boxes, takeaway boxes, foil, Pyrex glass or greaseproof paper.
5. Use soap, shampoo and hair conditioner bars
6. Batch cook when using your oven
7. Walk and cycle more - drive or fly only when essential
8. Keep thermostat at 20 degrees or less
9. Eat meat and fish free meals 2 days a week
10. **Re-cycle - re-pair - re-duce - re-use . Waste nothing**

(Catherine Nightingale)

DON'T FORGET

Attention all Target readers

If you have difficulty reading the magazine, you will be pleased to know that after some hard work behind the scenes, you can now access the Target on the Cannington website which can be found by going to www.cannington.org.uk and click on the Target link. (Shaun, Editor)



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Children's Corner



1-



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6-



7-



8-



9-



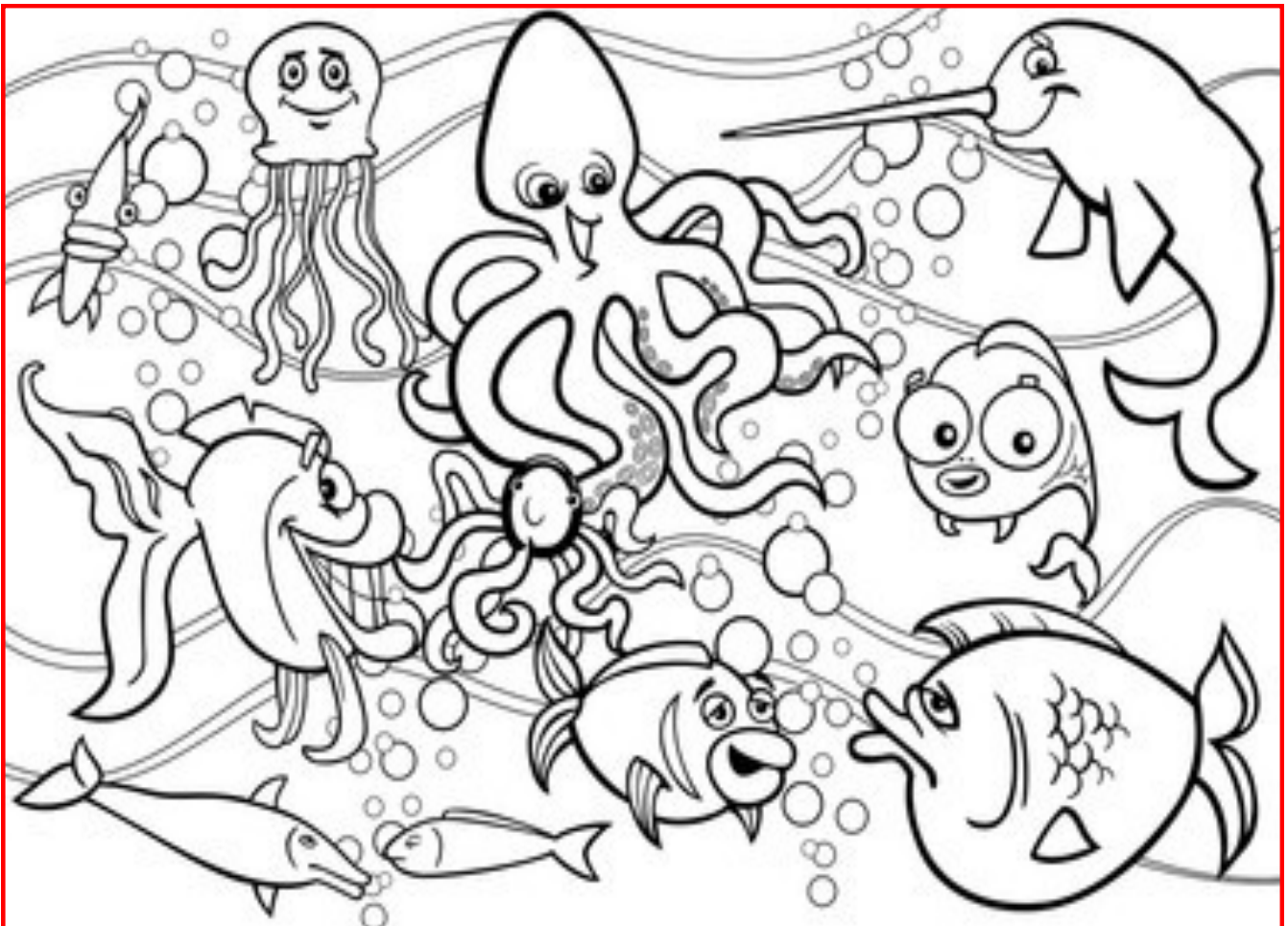
10-

Can you identify these animals?

All the answers are below but can you match the animal to the name?

Puffin
Capybara
Kangaroo
Toucan
Quokka
Meerkat
Tapir
Wolverine
Narwhal
Red Panda

COLOUR ME IN



Z	Q	A	N	Y	E	K	N	O	D	H	C
O	F	T	W	B	R	A	X	S	W	C	O
P	Y	E	O	C	E	H	G	Y	P	N	M
A	D	Q	R	K	V	T	T	R	L	A	M
S	L	A	C	T	L	O	Y	A	I	R	U
S	B	E	O	R	I	G	J	H	E	B	N
O	S	M	F	R	S	L	G	N	H	D	I
V	B	I	A	J	X	O	I	C	O	P	O
E	O	E	T	L	M	G	W	T	L	D	N
R	B	Z	F	S	U	N	D	A	Y	V	E
U	C	R	U	C	I	F	I	X	I	O	N
N	O	I	T	C	E	R	R	U	S	E	R

BRANCH
COMMUNION
CROWN
CRUCIFIXION

DEATH
DONKEY
EAR
FERTILITY

GOLGOTHA
HOLY
LAMB
PASSOVER

RESURRECTION
SILVER
SUNDAY
TOMB

2		3 4	7		
			8		3
	4			5	
	6				
8			3 7 9		
4		9		2	
9			7 6		
7 1		6			8
	2				



Answers to November's puzzles and quizzes on Page 69

Take a Chance on the 200 Club

For only £1 a week, you can become a member of the 200 Club in Cannington and have a weekly chance of winning either

£40, £25 or £15

Anyone can join this local lottery, which provides invaluable support to the work and upkeep of our beautiful and historic parish church.

St Mary's is enormously grateful for the important contribution made by the members of the 200 Club. They help to maintain a peaceful and stunning holy space at the heart of the village and vital ministry in the community, supporting the bereaved, poorly and housebound, working in our local schools and with younger people and families, and providing services of worship and prayer.

There are spaces available now to join in
and have an excellent chance of winning.

Give us a call if you would like to become a member or find out more.

Maureen Collin 652092 Betty Edney 653026

Monies can be collected over any period convenient to you – weekly, monthly, quarterly or annually (50 weeks) – and by cash, cheque or through your bank.



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P. S. Did you know that The Target reaches over 3500 people every quarter. It is a free magazine relying only on revenue from advertising. We rely on volunteers for distribution and my sincere thanks go to both the advertisers and the generous volunteers.

Something to say? Complimentary or otherwise please send your comments / views to the Editor,

14, Court Orchard, Cannington, TA5 2QH
or email shaunryall@talktalk.net
Tel: 01278 653 469



This is your magazine so I need to know what you think!

Inclusion of any advertisement in this magazine does not imply recommendation by the editing team.



Friendly Spirit charity quiz nights

Quiz Dates



February 27th in aid of the Cannington Scouts
March 27th in aid of Cannington PTA
April 24th in aid of Cannington WI



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